



TILMAAMIDA ADEGYADA

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Wakiilka hay'ada cafimadka

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MUUJIYE

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Language Interpretation Services are available with all Health Services. See Health Department staff for assistance.

Waxaad heli kartaa in lagaaga tarjumo adeegyada caafimaadka oo dhan; arag qof u shaqeeya Waaxda Caafimaadka si uu arrintaa kaaga caawiyo.

Hay servicios de interpretación disponibles con todos los Servicios de Salud. Consulte con un empleado del Departamento de Salud para asistencia.

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Dhamaan Nambarka Furaha (614), kuwa aan ahayn waa lagu calameyn

Warqadahan waxaa la soo tariikheyey 1/14/2010

Magalada Columbus waa adegaha xaq bixiye lo shaqeyo

***** Isbitalyaraha sacadihiisa iyo Waxyada sacadaheeda wey is bedelaan . Fadlan soo wac Waxda wexey xiran tahay festoyiinka magaalada iyo malmo kale ee la soo jedwaleyay.****

Adeegyadan waxad kaheli karta 240 Parson Avenue haddi kale waa lagu qori .

Tarikhda la dabacay 2/18/2010

ADEEGYADA CARRURTA CAAFIMAADKA IYO

Isbitalyaraha Ilkaha

Xananeynta Ilkaha oo lacag yar oo ay heli karan dadka degan Tulada Franklin. waa inaad Ballansata, habka lacag bixinta oo ku diyarsan ,Inshuraska Ilkaha iyo Medikaidka oo ay qataan. Barnamijka Ilkaha ku xiran ama ku saleysan Skuulka.

Teleefon: 645-7487

**Sacadaha: 8:00 subaxnimo - 4:00 galabnimo*, Isniin - Khamis
8:00 subaxnimo-3:00 galabnimo, Jimco
*xiran tahay : 11:30subaxnimo- 1:00galabnimo**

Isbitalyaraha oo Lacag La'an – Fiirin iyoxananeynta dadka xannunsan

Waxda Bulshada caafimadka ee Columbus wexey asbuuc kasta qabata adeegyo la'cag la'an ah oo ay bixiyan takhatir oo ka mid Ururada Dhakhatirta ee Columbus. Waxa xananeynta la siya dadka ballan la'an ah oo la soo diray. Isniin habenki oo keliya. Magac qorida wexey bilabata 4:30galabnimo, habenka isniin oo kaliya.

Teleefon: 240-7430

Sacadaha: isqorida waxay bilabaneyso 4:30galabnimo Isniin oo keliya*

**Wax Adeeg lama qabanayo haddi waxda Bulshada Caafimaadka ee Columbus ay xiran tahay.*

Carrur Caafimad Qabta, Culays Caafimaad Leh

Carrur caafimaad qaba, iyo Misan caafimaad leh waa qorshe sameya ka hortaga Culayska xad dhafka ah oo ku mashqulaan siduu uu horumarin lahaa nafaqeynta iyo jir dhiska carrurta da'dodu tahay 0-5 jir qeybta ugu horreysa waxbarashada iyo guriga. Carrur caafimaad leh, Culays Caafimaad leh wexey ugu horeynti la shaqeyaan Daykarada Columbus agagaraheda.

Teleefon: 645-7520

Sacadaha: 8:30 subaxnimo - 5:00, Isniin-Jimco

Guri Ku Booqashada Hooyada Cusub

Kalkaliyasha waxda caafimadka wexey guriga ku soo booqdan hooyada cusub iyo canugeda ayago laga soo dirayo isbitallada xafadaha. Kalkaliyaha diwamsan wexey firiyan hooyada iyo canugeda xaladooda, marxaladaha koritanka ee dhalanka, waxbarida la xirira urka iyo canuga, tasoo ku xiran daryelka caafimadka koowad iyo adeegiyo kale oo laga bahan yahay bulshada.

Teleefon :614-645-8323

Sacadaha: Ballan ka sameyso

Barnamijka Tallalka (Tallalada Carrurta iyo Dadka waweyn)

Wexey bixiyaan tallalka carrurta iyo dadka waweyn. Carrurta ay da'dooda ka yar tahay 19 wexey qadanayaan tallalada looga bahan yahay ayado qimaheda yar tahay. Medicaid, Caresource, Molina, iyo United HealthCare Insurance waa la ogolyahay; carrur la celinayo ma jirto haddi aysan bihin karin lacagta ama aysan haysan inshuranka. Badana dadka waweyn waxey bixiyan qimaha tallalka iyo tan fisitka dhaqtarka. Waxaad ka heli kartan maclumad ku sabsan qimaha at (www.publichealth.columbus.gov kadibna tabo ama klick "immunization") looma ballan inaad dhigato. Adeegyada bulshada iyo waxbarideda waa diyar haddi la soo weydisto. Adeegyada ballan la'anta waaxad heli karta sacadaha jedweleysan. Isbitalyaraha waxaa uu joojin karo inuu qato bukanka haddi ay waqti heyn ama ay aad u mashqulsan yihiin sacadaha jadweleysan ka hor. Dhacdooyinka tallalka waxaa kaloo lagu qabta meelo badan oo deeganka ka mid ah (sacadaha iyo meelaha wey kala duwanan karan).

Teleefon: 645-7945

**Sacadaha: 8:00 subaxnimo - 4:30 galabnimo, Isniin, Khamis, Jimco
11:00 subaxnimo - 6:30 galabnimo, Talado
CLOSED --- Wednesday**

8:00 subaxnimo - duhurki, Sabtiga 2nd labaad ee bil kasta

Worthington United Methodist Church 600 High Street, Worthington, OH 43085

ADEEGIDA CAAFIMAADKA CARUURTA

Barnamijka ka Hortaga Dhawaca

Wexey bixian adeegyo iyo maclumad si loo yareyo dhawacyada carrurta ay ka mid yihiin, Kursiga gariga oo ammaano iyo illalin leh, kursiga carrurta miisankooda yahay 80 pounds oo qimo yar ayado la egayo daqliga qoyska; kormerka carrurta guriga lagu xananeyo ammaanadoda; iyo Baskilka helmetdkiisa. Ururka Hogammisa nabadgelyada carrurta ee Deganka Ohio. Soo wac barnamijka ka hortaga dhawaca si aad uu aragto inaad u qalanto kurasta gariga ee carrurta oo qimo jaban.

Taleefon: 645-6138

Sacadaha: 8:00subaxnimo - 4:30 galabnimo, Isniin - Jimco

645-7748-24sac Hotline (Dub--farintada)

Barnaamijka Ka Hortaga Sunta Curiyaha Macdanta

Waxaa la shaqeysaa Barnaamijka Guryaha Caafimaadka Qaba si aay u sameeyso guri ka baarida cuuriyaha macdanta iyo qatarta kale ee guryaha. Baaritaanka macdanta dhiiga ayaa diyar uu ah caaruurta jira 9 bilood ilaa iyo 6 sanadood iyaadoo la dhiganaayo balan ama xafiis ka mid ah xafiisyadeena ee baaritaanka (Khumiista labaad 8-11 am iyo khumiista sedexaad 3-7pm ee bil kasta). Waxaa la helaa dad shati u leh sida nadiifinta agagaarah lagu noolyahay iyo kalkaalinta adigoo u dhaafa fariin duuban ee leenka shaqeeya 24 saacdo ama u dir email health@columbus.gov.

Taleefon: 724-6000

Sacadaha: 7:45subaxnimo - 4:45pm, Isniin - Jimco

Daryeelka Caafimaadka Koowaad- Rugta Caafimaadka ee Xaafadaha

Rugta Caafimaadka ee Xaafadaha Columbus, Inc. (CNHC)

Daryeelida koowaad ee caafimaadka dadka yar iyo weyn oo ku yaala 5 xaafadood. Waxay sameysaa shaqooyinka baaritaank, talo siinta dhinaca nafaqada, EKG iyo adeegida qorsheeynta qooyksa. Talo siinta qamriya cabka waxaa kuu gudbin kara dhaqtarkaada. Kaalmooy xaga canuga aan weli aan dhalan ayaa laga heli karaa degmo walba. Barnaamijyada farmashiyaha oo looga talo galay macamiisha joogtada. Waxaa loo baahan yahay balan inaad sameysato. Habka lacag bixinta oo diyaarka kuu ah, Canshuurada caafimaadka, sida Medicaid, Medicare waa la aqbalaa.

Taleefon: 645-5500 - Xaafiiska Maamulayaasha

Degmada Xarunta Caafimaadka ee Xaafadaha (Neighborhood Health Centers)

Xarunta Caafimaadka-East Central.....1180 East Main Street..... 645-5535

Daryeelida indhaha(isku cinwaan)..... 645-5540

Caafimaadka Qooyksa ee Waqooyiga Columbus iyo Xarunta Caafimaad ilaalinta

2300 West Broad Street 645-2300

Xarunta Caafimaadka ee South John R.Maloney 3781 S. High Street 645-3163

Xarunta Caafimaadka ee St Stephen's 1500 East 17 Avenue 645-2700

Xarunta Northeast Center ee Columbus 3433 Agler Rd, Suite 2800 645-1600

Mashruuca Jaceylka (Project LOVE - Jeclaaw Caruurteena Talaalna Waqti Hore)

Islawadaaga Bulshada oo ay ka dhexeysa Waxda Caafimaadka Bulshada ee Columbus Wakiilka Degmada Franklin, isbitaalada ku yaala dhinacyada xarunta Ohio,ururyada diinta ku dhisan iyo ganacsiga gudaha, wexey ka wada shaqeeyaan si loo habsado in aay caruurta talaalnaadaan marka aay gaaraan 2 sano. Waxaa kale diyaar ah adeegida ku saabsan ka hortagida cudurka cagaarshoowga ee dadka weyn. Akhbaaro kale aad cinwaankaan www.project.love.org.

Taleefoonka Xafiiska Agaasimaha: 6456522

Sacadaha: 8:00 subaxnimo - 5:00 galabnimo, Isniin - Jimco

Taleefoonka Xafiisyada Maamulaha: 645-6835

ADEEGIDA CAAFIMAADKA CARUURTA

Barnaamijka Dumarka, Dhalanka iyo Caruurta (WIC, Women, Infants and Children)

Barnaamijyada iyo tabarka nafaqada iyo fitamiinada ee gala booska cuntada oo aay qaataan dumarka uurka leh iyo dumarka naaska nuujiya , dhalanka iyo caruurta ilaa iyo 5 sano. Shaqsiga uu qalma sharciga WIC waxaa la siinaa:

- Xaashida lacag bixinta oo la isticmaali karo cuntooyinka nafaqada si logu dukameysto
- Nafaqo baarida, la talinta, iyo tababarka.
- Tababarka naasnajinta, la talinta, iyo taageerida, aaladaha naaska caanaha lagu miira marka looga baahdo shaqada ama iskuulka. Waxaa la bixiyaa canaha dhalanka ee gasaceeysan oo loogu tala galay caruurta naaska nuuga.

Taleefoon: 645-7280

**Saacadaha: 8:00 subaxnimo 5:00 galabnimo Isniin /Arbaco/ Khamiis
9:30 subaxnimo-7:00 galabnimo, Talaado
8:00 subaxnimo-11:30 subaxnimo, Jimco**

Degmooyin: Waxaa jira 19 xafiisyo WIC oo ku yaala magaalada Franklin. Teleefoon u dir si aad balan u dhigato meesha kuugu dhow.

ADEEGIDA CAAFIMAADKA EE DADKA WEEYN

Barnaamijka Qamrada iyo Daroogada xad Dhafka loo Isticmaalay

Waxaay ka hortagtaa isticmalida xad dhaafka ee qamrada iyo mandoriyaha, waxaayna wax ka qabataa aayna u adeegtaa qofka jiran oo aan isbitaalka joogeeyn . U adeegida waaxa la qabtaa subax iyo habeen, aayna ka mid tahay: daaweeynta qaas u ah dumar iyo rag, daryeelid daaweeynta ee raga iyo dumarka; u adeegid daaweeynta qaas u ah dadka isbaanishka iyo dadka afrikanka; waxka qabashada aalkolada/ daroogada, iyo aaydhiska HIV, waxbarashada, iyo baaritaanka; taageerid iyo tababarka caruurta aay sameeysay qamrada iyo daroogada aad loo isticmaalo; oo loogu tala galay dadka weeyn oo aan u baahneeyn daaweeyn; adeeg uu qabanaayo qof farsamo yaqaan ah si loo nabadgelinta bulshada. Habka lacag bixinta iyo medikaydka daaweeynta dadka isbitaalka aan joogeeyn.

Taleefoon: 645-7306

Saacadaha: 9:00 subaxnimo - 5:30 galabnimo, Isniin

9:00 subaxnimo - 9:00 pgalabnimo, Isniin - Khamiis

9:00 subaxnimo - 5:00 galabnimo, jimco

Barnaamijka Haa (YES Program): Taageerida iyo wax barida caruurta jirta 5-13 sanadood ay waalidka si aad ah u qaata qamrada iyo daroogada.

Taleefoon: 645-6256

Kooxda Wax u Qabata Bulshada (COAT)

Barnaamijyo lacag la'aan ah ee bixisa isku dawaridka caafimaadka iyo adeegida bulshada oo loogu tala galay dumarka uurka leh iyo caruurta. Adeegyada waxaa ka mid ah baaritaanka uurka, wax u qabashada dadka dhibaato haayso, guri ku booqasho, isku xiritaanka canuga aan dhalan, daaweeynta canuga jiran iyo daryeelka koowaad, isku xiritaanka iyo u gudbinta dadka shaqadooda tahay u adeegida bulshada, ku caawinaad aay ku jirto canshuurta caafimaadka iyo awood si aad u hesho akhbaarta caafimaadka.

Taleefoon: 645-7068

Saacadaha: 8:00 subaxnimo - 5:00 galabnimo, Isniin – Jimco ama adigoo balan qaba

Isbitalyaraha Caafimaadka Galmada (HIV/AIDS iyo cuduro kale ee lagu kala qado galmada)

Akhbaar, cudur baarid kalsooni leh, iyo daaweeynta cudurada laga qaado galmada (STD). U gudbinta meelo kale ee bulshada wax loogu qabto. Adeegida waxay leedahay ganaax. Kaararka soo socdo ee insuransiga waa la aqblaa waana in aad tustaa marka aad u timaado in wax lagu qabto: Medicare (qeeybta B), Medicaid, CareSource, UnitedHealthcare, iyo Molina Healthcare. Ganaaxa dadka aan heeysan kaararka caafimaadka waxaay isticmaali karaan habka diyaarka ah ee lacag bixinta. Waxaa loo baahan yahay cadeeyn shaqsi ah. Balan in la dhigto looma baahna. Xafiiska waa xafiiska la tagi karo markasta iyadoo aan loo baahneeyn in balan la dhigto. Marka xaafiiska waqtiyada daryeelka qofka jiran aay buuxsanto, ma aqbali karno ni aan qaadano ama aragno dad jiran maalintaas.

Taleefoon: 645-7772

Saacadaha: 7:00 subaxnimo - 3:30 galabnimo, Isniin, Khamiis, Jimco

9:30 subaxnimo - 6:00 galabnimo, Talaado

7:00 subaxnimo - 10:30 subaxnimo, Arbaco

Ogow: Baritaano kale oo la xariira cudurada galmada ayaa lagu qabtaa . Waqtiyada waay kala duwan yihiin. Taleefoon u dir si aad u ogaato meelaha waqtiyada la qabto.

Qaaxada - Barnamijka Ilaalinta Qaaxada TB ee Ben Franklin

Waxaay bixisaa adeegiyo ah baaritaan, ilaalinta cudurada iyo daaweeyntooda, wax barida, hogaaminta/ tilmaan siinta, ee loogu tala galay dadka degan magaalada Columbus ee degmada Franklin. Adeegyada la

qabto waxaa ka mid ah: talaalka maqaarka ee lagu fiiriyo qaaxada, baaritaanka dhiiga ee QuantiFERON TB-Gold, u diritaanka raajooyinka, wacida meelaha wax lagu baaro iyo adiga oo lagu soo waco in aad aragto dhaqtarka is aad u ogaato waxa kasoo baxa baaritaanka iyo daaweeynta isla markiiba, wax barida iyo wax u qabadka bulshada. Adeegyadaan ganaax ayeey leedahay: Medicare, Medicaid, Medicaid Managed Care Plans, iyo insuransiga qofka sedexaad waala aqbalaa. Dadka aan heeyan insurance waxay ku bixin karaan daaweeyntooda iyagoo isticmaalaya habka lacag bixinta oo diyaarka kuu ah.

Taleefoon: 645-2199

Saacadaha la Baaro Qaaxada ee Xaafiisyada yar ee dhaqtarada ee aan balan loo baahneeyn

8:00subaxnimo - 3:30 galabnimo, Isniin, Talaado

8:00subaxnimo - 11:30 galabnimo, Arbaco, Khamiis

8:00subaxnimo - 3:00 galabnimo, Jimco

Daawooyin si loo daaweeyo qof laga helo qaaxada qarsan waxaa loo baahan yahay in la dhigto balan. Daawooyin si loo daaweeyo qofka qaba cudurka qaaxada waxaa loo maamulaa baaritaan iyo daaweeyn ah isla markiiba / Barnaamijka wax qabashada.

Kalkaalinta Caafimaadka ee Dumarka

Waxay bixisaa kalkaalinta cilmi u leh dhinaca xaamilooyinka iyo daryeelida dumarka caafimaadka qaba. Shaqooyinka waxaa qabto dhaqtaro, kalkaaliye taqasus u leh, kalkaaliyaha caafimaadka dadweeynaha, caawinaha dadweeynaha, iyo shaqaalaha caawinaada. Waanada nafaqada waxaa bixiya kalkaaliyaha caafimaadka ee dadweeynaha iyo dad ka socda WIC oo u leh taqasus nafaqada. Kalkaalinta waxaa ka mid ah daryeelida xaamilooyinka, caafimaad baarka sanadeedka iyo yareenta booqashada dhibaataada, sheybaar baarida, ka baarinta cudurka kansarka ee naasaha iyo ilmo galeenka, ka baarida iyo daaweeynta cudurada laga qaado galmada, iyo qorsheeynta qoyska. Ku taageerida naas siinta, iska deeynta sigaar cabida, waano siinta, iyo diritaanka meelo aad ka hesho akhbaar, iyo weliba waxaa la is siinaya ku caawinaad ah is ku qoritaanka WIC. Waxaa loo baahan balan. Baaritaanka ogaanshaha xamliga waa la bixiyaa balan la aan. Medicaid/CareSource/Molina/United Health Care iyo lacag waa la ogolyahay. Waxaa la isticmaalaa marinta lacag qiyaasid kelyantiga aan dowlada ka bixin lacagta daryeelka caafimaadka.

Taleefoon: 645-1850

645-6424

Baaritanka Urka Wakhtiyada la qabto oo aan u baahneyn balan

8:00 subaxnimo – 4:00 galabnimo (xiran tahay 11:00sbx-1:00glb),

Isniin, Khamiis

10:00 subaxnimo - 6:00 galabnimo (xiran tahay 1:00sbx-3glb), **Talaado**

8:00 subaxnimo - 11:00 subaxnimo, Arbaco

8:00 subaxnimo - 3:00 galabnimo (xiran tahay 11:00sbx-1:00glb), **Jimco**

ADEEGYADA KALE

Qaniinyada Xayawaanka, Xaywaanada Qatarta ah, Ka hortaga cudurka eeyga ee dadka waala (Rabies).

Waxay wax ka qabataa marka aay dhacdo qaniinyada xayawaanka; waxay siisa maclumaadiyada Rabiyaaha ku sabsan iyo talaalada cudurka ka yimaad qaniinyada eeyga ee dadka waala; Waxay nidaamisaa taalaalka cudurada ka yimaada qaniinyada ee dadka waala ee loogu talagalay bisada, eeyaha, iyo ferret.

Taleefoon: 645-6134

Sacadaha: 8:00 subaxnio – 4:00 galabnimo, Isniin - Jimco

Go aan gaarida iyo Isha ku Heeynta

Epidemiologists ama dhakhatirta ku takhasustay cudurada fafa waxay bixiyaan akhbaaro badan oo ah xaalada caafimaadka dadweynaha iyo go aan gaaridooda (tusaale; xaalad dhimasho, dhaqanka caafimaadka, dhaawaca, iyo waxii la mid ah).

Taleefoon: 645-6252

Sacadaha: 8:00 subaxnio – 5:00 galabnimo, Isniin - Jimco

Shahaadada Dhalashada iyo Dhimashada (Tiro koob aad u muhim ah – Vital Statistics)

Diiwaan gelinta iyo soo bixinta warqadaha sharciyeeyan sida shahaadooyinka dhalashada iyo dhimashada taariiqdooda tahay 1908 iyo wixii ka dambeyay ee Gobolka Franklin. Qiimaha shahaado walba waa \$25. Ma jiraan sameeynta koobi ah cadeeynta shahaadooyinka dhalashada isla maalinta canuga dhasho. Shaqada shahaado soo saarida waad ka dalban kartaa adigaa isticmaalaya taleefoonka ama faksiga kuna bixinaayo ganaaxa kaarka bankiga ama kareed kaarka . Arji ah in boostada lagu soo diro waxay qaadataa mudo ah 12-14 maalmood. Caruurta mar dhow dhasha shahaadooyinkooda waxaay qaadataa 8-10 asbuuc. Foonanka dhalashada waxaa laga helaa internetka cinwaankaan: www.publichealth.columbus.org.

Taleefoon: 645-7331

Sacadaha: 10:00 subaxnimo - 4:15 galabnimo, Isniin - Jimco

Sharciyeynta Sawirida Jirka

Kormeerida iyo sharciyeenta tattoooga iyo asaasida jir duritaanka

Taleefoon: 645-7005

Sacadaha: 8:00 subaxnimo - 4:30 galabnimo, Isniin – Jimco

Qatarta Kiimikada iyo jidhka (Chemical and Physical Hazards)

Waxay koormerta aayna ka bixisaa waano maamul darada dhinaca qashinka qatarta leh iyo cudurada aan daawada laheyn ee qatarta ah. Barnamijkaan, kuna xiran hay'adaha gargaarka degdega ah ee degmada iyo shirkadooyinka, waxay shaqadooda tahay qorsheeynta isu diyaarinta gargaarka degdega ah ee kiimikada ee gobalka Franklin.

Taleefoon: 645-7005

Sacadaha: 7:45 subaxnimo - 4:45 galabnimo, Isniin – Jimco

Kooxda wax ka qorta Canuga u dhinto si dhibaato leh (sida shilka ama garaacida)

Cafimaadka dadweynaha ee Columbus waxay hogaamisaa koox ah hay'ado wax ka qorta dhimashada caruurta yar ilaa iyo 18 jirka si aay u fahanto sababta aay u dhintaan caruurta aayna u soo saaraan habab lagu yareeyo ama lagu joojiyo dhimashada caruurta ee degmada Franklin.

Taleefoon: 645-1667

Sacadaha: 8:00 subaxnimo – 5:00 galabnimo, Isniin – Jimco

Ka Hortagida Cudurada Raaga

Waxay bixisaa Tababar ah waxyaabaha sababa cudurada raaga (dhaqdhaqaaqa jirka, nafaqo daro, sokoroowga, kolesterolka kor u kaca, dhiig karka, and tubaako isticmaalka), waxay sameysaa gudbinta, waxaay bilaawdaa wadaaga dadweynaha, aayna fududeysaa is bedelka ku dhaca degmada iyo sharciga dadweynaha, iskoolada, xaafiisyada shaqada, iyo meelaha caafimaadka lagu daryeelo.

Taleefoon: 645-0743

Saacadaha: 8:00 subaxnimo - 5:00 galabnimo, Isniin – Jimco

ADEEGYO KALE, LA SOCOTA

Nidaamka ka jawabida Daaweeynta ee Magaalo weynta Columbus(CMMRS)

Caafimaadka Bulsho weynta Columbus waa hay'ada ugu horeeysa ee (CMMRS) si loo qorsheeyo daryeelka daaweeynta deg dega ah ee ku taxluuqa kiimikada, biologikalka, raajada, nuk lear iyo qaraxa dhaca. CMMRS waxay leedahay dad matila oo ka socda hay'adaha sharciga socodsiiya, dabka, caafimaadka dadweynaha, isbitaalada, American Red Cross ama ururka bisha cas ee Maraykanka, cilmiga caqliga, qofka go'aamiya waxa sababay dhimashada iyo hay'ado kale ee maamula garaarka deg dega ah.

Teleefonka: 645-6736 / 645-7089

Saacadaha: 8:00 subaxnimo-5:00 galabnimo, Isniin – Jimco

Nidaamka la Socodsiinta Cudurada faafa (CDRS)

Caafimad hayasha iyo shaybadhada waa in ey la socodsiyan ama warbixin ka dhibaan cudurada faafa Hay'ada caafimadka Sida uu sheegayo OHIO Nakhtimadeda kodka 3701. CDRS waa 24-sac telefoon shaqeyta si aad uula socodsiiso Caafimadka dadweynaha Columbus ama waxda caafimadka ee tuulada Franklin,caafimad hayasha iyo shaybadhada oo keliya. Warbixinta cudurada ee klass A-1 waxay caafimad bihiyasha wici karan habeenki, toddobadka dhamadkiisa, iyo fasaxyada, wac 645-7417.

Telefoon: 719-888 -ama- 7198889 (24sac) Fax: 719-8890 Wicida deg dega ee kalkaliyaasha: 645-7417.

Niidaamka Illalinta iyo Baaritaanka ee Cudurada faafa

Waxay hubineysa iyado baaritan iyo dabasocod ku sameyneyso warbixintii la soo, garsiyay ee cudurada faafa, Aqlaqa illalinta cudurada, iyo la dagalanka ama ka hortegida, Tababartayaasha residenka ah, iyado maamuleysa agarshowga qeybta B inta ayaan dhalan canuga. Dadka qaba deg _degta oo raba inuu la hadlo kalkaliyaha cudurada faafa(CD) waxay wici karan leenka hoose waqtiyada shaqada, ama qofka la Waco habeenki, todobadka iyo weekyada, iyo faasaxyada. (Numbarka wicida wuxuu ku ogolanaya inu kugu xiro Kalkaliyaha cudurada faafa(CD) waqti kasta oo maalinti ah)

Teleefonka: 645-1474 (CD Nurse)

Saacadaha: 8:00subaxnimo-ila - 4:30galabnimo, Isniin – Jimco

Nambarka deg dega ee kalkaliyaha: 645-7417

Bulshada xaq bad uu ledahay inaad oogato (Hotline)

Wexey illalisa oo bixisa maclumad ku sabsan kimikada lagu isticmalo ama lagu kaydiyo agaraha Columbus/Tuloyinka Franklin.

Teleefon: 645-6275

Saacadaha: 7:45 subaxnimo - 4:45galabnimo Isnin - Jimco

Isu Diyarinta Gargarka Degdega

Bulshada Columbus waa mid aad ugu diyarsan in ay ka jawabto gargarada degdega. Tani waxa ku jiro in ay la shaqeyso wakalado kale, ayago qorsheynayo sidey u egi lahayeen Uguna jawabi lahayeen calamoyiinka cudurada aan cadiga ahayeen, ayago tababarayo shaqalahoda sidey ugu wax ugu qaban lahayen una difaci lahayen caafimadka iyo amaanada dadweynaha Columbus isla markana uu wargeliyan.

Teleefon: 645-7089

Saacadaha: 8:00subaxnimo - 5:00galabnimo, isnin - jimco

Illalinta Cuntada iyo Shatigeeda

Waxay mas'uul ka tahay shatiyada iyo kormerida cuntada shaqoyinkeeda iyo deejinteda. Waxay mas'uul ka tahay ururada kormerida oo ay ku jiran ururka sixida, isbitaalada dhalmada iyo skulada.

Teleefon: 645-7005

Saacadaha: 8:00 subaxnimo - 4:30galabnimo, isniin - jimco

ADEEGYO KALE, LA SOCOTA

Cudurada Cuntada iyo wargelintoda

La socodsiinta ka hortega cudurada, kalkaliyasha wexey ka jawabaan cudurada cuntoyinka la badhay oo dadweynaha ka shegteen. Waxaa bariitanku bilowda 24sacadood gudahoda markii cabashada soo yedhay. Bakaarka kasta oo ka shatiyesan Magalada Columbus oo laga soo shegtay wexey geli donan liiska kormerida ee Qorshaha Amaanada Cuntada kormeridoda.

Telefoon: 645-1791

Sacadaha: 7:45subaxnimo – 4:45 galabnimo, Isniin - Jimco

Qorsheynta Cafimadka

Bihiyaan oo hoogamiyaan in ay ogaato dhibatoyiinka bulshada cafimadkeeda, qorsheynta cafimadka, iyo horokaca habka wada shaqeynta cafimadka.

Teleefon: 645-6189

Sacadaha: 7:30 subaxnimo - 4:30 galabnimo, Isniin - Jimco

Barnaamijka Cafimadka ee Guryaha

Barnamijka cafimadka guryaha , wexey la shaqeysa US qeybta guriyenta iyo horukicinta Magalada xafiiska cafimadka guryaha iyo khatarta curiyaha ilaalinteda, siinta guryaha, hawada iyo xananeynta ka dhowrida khatarta cafimadka ee guryaha. Wexey isku taxlujisa iney ka hortagto cudurada Neefta kenta, iyo sunta laga qado curiyaha macdanta ah. Kalkaliyaha shatiyesan ee Nadafada Hawada iyo deganka waxad ka heli kartaan talloyiin malmaha la shaqeyo .

Teleefon: 645-8191

Sacadaha: 8:00 subaxnimo - 4:30 galabnimo, Isniin - Jimco

Xafiiska Cafimadka ee Xafadaha

Wexey Dhista cafimadka hab nololedka ee bulshada wexey kalo la socodsiisa maclumad ku sabsan xaga cafimadka, ariinta bulshaada cafimadkeda, bulshada bandhigeeda, iyo saxlida bulshada cafimad la taliyaheeda ka soo ka cawiya xafadaha dhibatoyiinka xaga cafimadka asago ku dhalinaya iney iska illaliyan dhibatoyiinkan cafimad.

Teleefon: 645-0732

Sacadaha: 8:00 subaxnimo - 4:30 galabnimo, Isniin - Jimco

Barnamijka Rugta Cafimadka

Kordhisa cafimadka iyo dhaqdhaqaaqa nolosha ee Columbus iyado 1) yareyneysa waxyabaha hoos uu dhigi kara ee saameya cafimadka hawada iyo ayado 2) abureysa meelo lo adegsado jirka dhisidisa tasoo maalin kasta la isticmalo kana mid ah nolosha maalin kasta. Shaqalaha wexey dalliciyaan iney aqoonsadan dhaqdhaqaaqa qanunka, wexeyna la shaqeyan Magalada iyo bulsho wadaga ayago dib uu hubinaya ama horumarinaya Magalada Columbus sharciyadeda iyo gacan ku qabashadeda oo ku shaqo leh dhisida waxyalaha dabiciga sida: (biyaha, hawada, dhulka).

Teleefon: 645-5318

Sacadaha: 7:00 subaxnimo 4:00 galabnimo Isniin - jimco

Barnamijka Cafimadka ee Skuulka

Wexey Illalisa cafimadka iyo ammanada bulshada ee skuulada carrurta ayado ka fogeyneysa qatarta skuulada. Skuulada dowlada iyo kuwa gaarka loo lehay oo ku yaala Columbus iyo Worthington aggagaraheda waxana la kormera laba goor sanadki.

Teleefon: 645-7005

Sacadaha: 8:00 subaxnimo - 4:30 galabnimo Isniin - jimco

Ururka Dhaqdhaqa Nolosha

La wadagaan barnamijiyada cafimadka dadweynaha ee Columbus ayago ku tageerayo Cuntada nafaqeysan, jidh dhiska, iyo bulshada qorsheynteda ayago ku aburayo dhaqdhaqiyoyo. Firqon Magalada Columbus, iyo

saameynta carrurta burburan iyo kuwa macaanka qaba. Assaska Ururka Dhaqdhaqaa Nolosha waxaa cawinad siya ama maalgeliya Assaska Columbus oo tagera ururada shaqada.

Teleefon: 645-4798

Sacadaha: 8:30 subaxnimo - 6:00 galabnimo Isniin - Jimco

ADEEGYO KALE, LA SOCOTA

Sameynta Guriga la dhigo Seeraha/Guryaha la dhaqajiyo

Waxay bihiyan shatiga isla markana kormeraan guryaha sameysan ee seeraha si ay u hubiyaan iney sharciga Gobolka OHIO wafaqsan yahay

Teleefon: 645-8191

Sacadaha: 7:45 subaxnimo - 4:45 galabnimo Isniin - Jimco

Inta Yar Cafimadkooda

Wexey bihiyaan hogamin u tilmameysa waxyalaha looga bahan yahay Xaga cafimadka Inta Yar ama dadka yar haddi loo ego jinsiyadooda iyo qoladooda. Wexey bixiyaan waxbarasho, waxyalaha diinta ku sabsan, tababarid iyo adeegyada cafimadka,iyo fududeynta bulshada ku sabsan dhibatoyinka cafimadka. Iskudabarida haydaha turjubanada adeegyadeda iyo tababar kala duwan.

Teleefon: 645-7335

Sacadaha: 8:00subaxnimo - 5:00galabnimo, Isniin - Jimco

Kaneecada iyo Vector Ilaalinta (Mosquito and Vector Control)

Waxay sameysaa indho ku heeynta kaneecada iyo ilaalinta dhaqdhaqaaqeeda si loo yareeyo cudurada ka yimaada kaneecada oo aay ka mid yahiin Saint Luis encephalitis, infekshanka maskaxda ee LaCross iyo firuska west Nile. Waxay qabataa baarida barkadaha dabaasha ee shaqsiga ah si looga hor tago dhalashada kaneecada iyo yareenta qatarta qaraqa. Waxay siisaa akhbaar iyo talo qusaysa sunta cayayaanka iyo ilaalinta arthropod

Teleefon: 645-2485

Saadaha: 7:45subaxnimo - 4:45galabnimo, Isniin - Jimco

645-BITE (2483) - Isgaarssinta Kaneecada

Xafiisyada caafimaadka ee Xaafadaha

Ka shaqeynta xaafadaha Columbus iyo rugta xaafada Pride kuwas oo ay ku jiran haydo kale ee magalada iyo barnamijyada bulshada si laysugu xiro dadka degan iyo caafimaadka, hantida bulshada ee la heli karo. Oo ku talla rugta xafada Pride iyo melo kale bulshada degto.

Teleefon: 645-6450

Maamulayaasha Saacadaha: 8:00subaxnimo - 4:00galabnimo, Isniin - Jimco

724-0100

Sharafta Bulshada Xarunta Bari (Community Center Esat Pride Center)

645-0176

Xarunta Sharafta ee Franklinton (Franklinton Pride Center)

724-0115

Xarunta Sharafta ee Dhinaca Bari ku dhow (Near East Side Pride Center)

724-1900

Xarunta Sharafta ee Dhinaca Waqooyi (North Side Pride Center)

645-8097

Xarunta Sharafta ee Dhinaca Koonfur (Southside Pride Center)

645-6807

Duubida Fariinta Su'aalaha aan deg dega aheeyn

Cilmi ka Qaadashada iyo Qorsheeynta Hargabka Faafa

Kooxda caafimaadka dadweynaha ee taqasuska u leh si taxader leh ayeey iskugu diyaariyaan Hargabka Faafa. Tacliimaaynta bulshada iyo waxyaabaha akhbaarta laga heli karo ayaa ku diyar ah, aay ku jiraan cudurada faafa sida Hargab Doofaarka H1N1.

Teleefon: 645-0049

Saadaha: 8:00subanimo - 5:00galabnimo, Isniin - Jimco

Heerka Caafimaadka Dadweynaha

Waxay ilaalisaa aayna diiwaan gelisaa ku waafiqida heerka caafimaadka dadweynaha magaalada iyo

aduunweeynaha waxaayna isku dabaridaa asaasida habka waxqabadka ee parnaamijyada hay'adaha. Waxay aruurisaa aayna baartaa sahminta akhbaarta quseeya qancinta dadweeynaha shaqooyinka aay bixiyaan hay'adaha caafimaadka.

Taleefoon: 645-6751

Saacadaha: 7:45subaxnimo - 4:45galabnimo, Isniin - Jimco

ADEEGYO KALE, LA SOCOTA

Qorshaha Nabadgelyada Bulshada

Waxaay hore u dalicisaa nabadgelyada jidadka iyadoo la wadaageyso ururyada sharci socodsiinta, caafimaadka, waxbarashada, engineering, gaarida daadgureeynta, iyo qorsheeynta, aayna ku jiraan dhamaan bulshada degaanka. Waxay ka shaqeysaa si aay u yareeyso shilalka, dhaawacyada, iyo dhimashada sababa shilka ee magaalada Franklin iyadoo si daryeel leh ula socneeyso isticmaalka xiraasahada suunka ee gaariga, gaari wadida iyo qamro cabida, xawaara sare, nabadgelyada dadka jidka gooynaaya, qof yar ee gaari wada, iyo nabadgelyada mootooyinka

Taleefoon: 645-6836

Saacadaha: 8:30subaxnimo - 4:30galabnimo, Isniin - Jimco

Barnaamijka Hawada Gudaha ee aan Sigaarka Laheeyn (Smokefree Indoor Air Program)

Xaga sharciga magaalada Ohio ee xafiisyada shaqada aan sigaarka lagu cabin, caafimaadka bulshada Columbus ayaa mas'uul ka ah iyadoo u leh dhamaan awooda ka jawaabida dacwooyinka iyo sharci ku qaadkooda. Sharci jebinta meelaha nidaameysan ee magaalada waxaad uga warbaxin kartaa adigoo wacaaya taleefoonka loogu tala galey magaalada Ohio.

Akhbaarta Guud

Taleefoon: 645-7005

Saacadaha: 8:00subaxnimo-4:30 Isniin - Jimco

Leenka warbixinta dacwada: Taleefoon: 866-559-OHIO (6446) – 24sac./maalinti

Nabadgelinta Biyaha

Waxey wax ka qabataa shatiyeenta iyo ilaalinta berkadaha dabaasha dadweeynaha iyo spas, ceelasha biyaha ee gaar loo leeyahay, bulacada yar aay leedahay meelaha ganacsiga iyo hay'adaha qashinka qalalan ee ku waafaqa nidaamka magaalada Ohio.

Shatiga iyo Lacag bexinta

Taleefoon: 645-7538

Saacadaha: 7:45subaxnimo - 4:45galabnimo, Isniin - Jimco

Bulacada gaar looyehay

Taleefoon: 645-8191

Saacadaha: 7:45subaxnimo - 4:45galabnimo, Isniin - Jimco

ADEEGYADA ISKU JIRA

Barnaamijka Kalkaalinta Shaqaalaha ee Magaalada Columbus

Waxay baxisaa waanada iyo akhbaaraha kaalmada ee loogu tala galay Shaqaalaha Magaalada iyo Dadka ka mid ah Qoyska ee haaysato dhibaatooyinka dhinaca shaqada. Waxay baxisaa tababarka iyo cilmi siinta oo ku saabsan canaawiin kala duwan.

Taleefoon: 645-6894

Saacadaha: 8:30subaxnimo - 4:45galabnimo, Isniin - Jimco

Saacadaha kale waxaa lagu galaa balan

Isla Socodsiinta Caafimaadka iyo Arinta Dadweeynaha

Waxay akhbaarta caafimaadka u baxisaa joornaaliistayaasha iyo dadweeynaha.

Taleefoon: 645-6928

Saacadaha: 7:30subaxnimo - 4:30galabnimo, Isniin - Jimco

Xaafiiska Shaqosiinta

Waxay mas'uul ka tahay shaqosiinta iyo caawinaada shaqaalaha caafimaadka ee dadweeynaha Columbus.

Akhbaarta

Taleefoon: 645-6046

Saacadaha: 7:30subaxnimo - 4:30galabnimo, Isniin - Jimco

Cadeeynta Shaqaalaha

Taleefoon: 645-6568

Saacadaha: 8:00subaxnimo - 5:00galabnimo, Isniin - Jimco

KalkaalintaDadweynaha Leenka Shaqada

Taleefoon: 6457667

Saacadaha: 24 Saacadood, Isniin - Jimco

Shaqooyinka Caafimaadka iyo Nabedgelinta

Waxay wax ka qabataa ilaalinta iyo daaweynta Shaaqaalaha Magaalada Columbus marka loo baahdo.

Waxay bixisaa barnaamijyada, maqalka, shaqooyinka quseeya talaalka, baaritaanka caafimaad ku shaqeynta, imtixaanada la qoro inta aan shaqo lagu siin,iyo imtixaanka ka horeya inta aan shaqada lagu siin, iyo kuwo gaar ah oo illaliya imtixanada.

Taleefoon: 645-3278

Saacadaha: 7:15subaxnimo - 3:30galabnimo Isniin - Jimco

Si aad u hesho akhbaar badan fadlan aad cinwaankaan www.pulichealth.Columbus.gov

AKHBAARTA NAMBARADA IYO BARNAAMIJYADA AAN LIISKA KU JIRIN

Taleefoon: 645-7417 (Fariin Duuban)

Saacadaha: 7:45subaxnimo - 4:45galabnimo, Isniin - Jimco

Taleefoonada la wareejiyo: Ku jir hawada waxaa lagu guddinaayaa qofka taleefanada ka jawaaba.

Taleefonada batoonada leh: Waqti kasta, akhbaar waad ka heli kartaa barnaamijyadaan adigoo wacaaya numberada saxa ah:

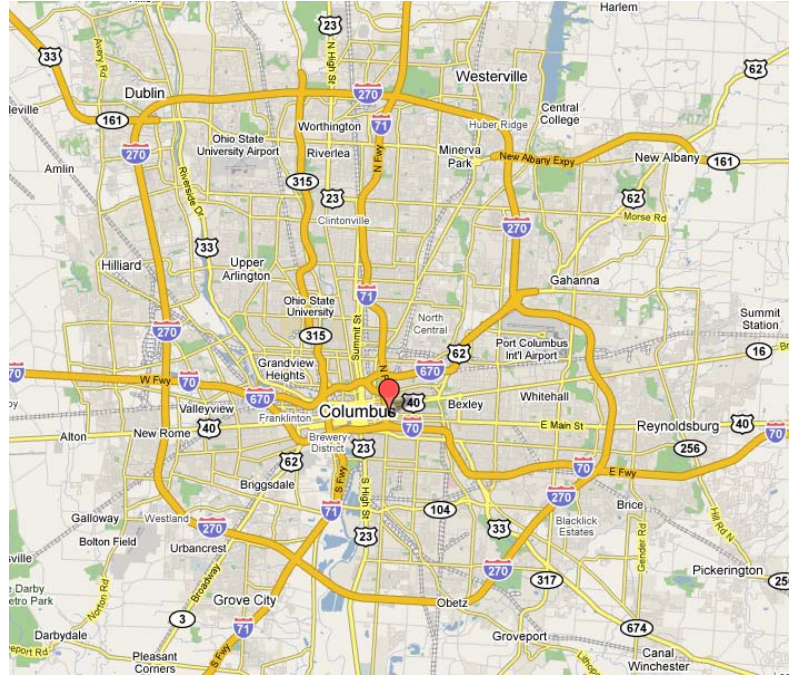
- 2 Shatiyeynta cuntada, berkadaha ama bulaacada, qaniinyada xayawaanka; nabgelinta biyaha iyo qatarta kiimikada
- 3 Talaalida caruurta iskuulka, talaalka hargabka, cadeeynta talaalka,ama warbixinta cudurada leeyku daaran karo
- 4 Shahaadooyinka dhalashada iyo dhimashada
- 5 Adeegyada caafimaadka Galmada iyo baaritaanka aaydhiska HIV
- 6 WIC, Dumarka, Dhalanka, iyo Caruurta
- 7 Kaalkaaliyasha caafimaadka ama adeegyada guri ku booqashada
- 0 Qofka taleefoonka ka jawaaba- Barnaamijyada aan ku qorneeyn liiska ama akhbaaro kale.

TILMAANTA LAGU TAGO WAXDA CAAFIMAADKA DADWEYNAHA EE COLUMBUS

Columbus Public Health

240 Parson Avenue
Columbus, OH 43215
Phone: 614/ 645-6447

Waxaanu degan nahay Parson Avenue bariga dariiqa E. Main, meesha u dhaxeeya Main iyo dariiqa E. Broad, ee ku dhow bariga magaalada dhexbartankeeda (Downtown). (Labada dariiq ee Main iyo bariga dariiqa Broad waxaa laga geli karaa adigoo qaadanaaya dariiqa xawaaraha sare lagu maro 1-171 ee dhinaca koonfur; dariiqa Broad oo kaliya ayaa laga geli karaa 1-171 ee dhinaca waqooyi.). barkin lacag la'aan ah ayaa ka heli karta xafiiska gadaashiisa ee sagxada kore ee gaariga la dhigto.



Hadii aad ka baxeeyso, bari, galbeed, ama koonfur ee magaalada dhexbartankeeda (Downtownka):

1-171 galbeed ilaa iyo bariga dariiqa Broad; qaad dariiqa bariga Broad; marka aad gaarto samaafaraha Parson Avenue. Waxaad dhaaftaa isharada labaad ee dariiqa (Bryden st /Town st), waxaad bidix u gashaa 2nd drive. Raac dhinaca bari ee sarta dhigana gaariga sagxada sare ee gaarida la dhigto. Albaabka hore ee xaafiiska laga galo waxaay ka fogtahay meesha gaariga la dhigto. La hadal qofka fadhiya miiska macluumaadka hadii aad u bahantahay tilmaan qaas ahaan qusaysa xaafiiska caafimaadka ama qolka.

Hadii aad ka imaaneeyso dhinaca Galbeed ee magaalada dhexbartankeeda (downtownka):

1-171 koonfur ilaa iyo bariga dariiqa Broad; qaad bidixda dariiqa Broad dhinaca east- kuna saco dariiqa dhinaca midigta, marka aad mareeyso isharada (Parson Avenue). Waxaad dhex martaa samaafaraha labaad ee dariiqa (Bryden Rd /Town St) waxaad bidix u gashaa 2nd drive. Qaad dhinaca bari ee sarta dhigana gaariga sagxada sare ee gaarida la dhigto. La hadal qofka fadhiya miiska macluumaadka hadii aad u bahantahay tilmaan qaas ahaan qusaysa xaafiiska caafimaadka ama qol.

Hadii aad ka imaaneeyso Gegida Diyaaradaha:

1-670 Waqooyi ilaa iyo 71 koonfur; ka dibna qaado bixida koowaad ama 1st exit ee dariiqa Broad st; ku soco bidixda dariiqa Broad (adigoo isticmaalaaya dariiqa leenka dhexe ee looga baxo dariiq kale), ku leexo dhinaca midigta ee marka aad gaarto isharada Parson Avenue. Gudub samaafaraha labaad ee (Oak St iyo Bryden Rd. /Town St). Raac dariiqa dhinaca bari ee sarta dhigana gaariga sagxada sare ee gaarida la dhigto. La hadal qofka fadhiya miiska macluumaadka hadii aad u bahantahay tilmaan qaas ahaan qusaysa xaafiiska caafimaadka ama qolka.